

KNZB Regio-West Masterswedstrijd ROM 4  
Zwijndrecht, 9-4-2022

Programmanr. 1 4 x 200m vrije slag lft 80 - 359  
9-4-2022 - 13:30 Resultaten

rang	vereniging	intijd	tijd	RT
<b>200+, Heren</b>				
1.	Poseidon'56	12:28.21	<b>13:42.43</b>	
	Marcel Vroegindewei	68	34.60	1:13.29
	Andre Exter	66		2:36.14
	Bob Lookermans	62		2:36.14
	Hans Smit	68		

**120+, Gemengd**

1.	De Biesboschzwemmers 1	De Biesboschzwemmers	9:58.11	<b>10:06.41</b>	
	Sanne van de Pol	98	33.35	1:10.23	2:24.23
	Wouter van der Stelt	72			2:24.23
	Nico Swart	68			
	Mandy Swart	99			

Programmanr. 2 100m vrije slag 20 - 89 jaar  
9-4-2022 - 13:45 Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
<b>Masters 20+, Heren</b>							
1.	Luuk van Holstein	Westland Swimming Stars	57.03	200203841	<b>56.32</b>	27.20	56.32
2.	Julian Mes	ZOB'66	56.85	200103755	<b>56.62</b>	26.49	56.62
3.	Thomas Hesper	NieMo Barracuda	58.59	200004181	<b>59.31</b>	28.37	59.31
4.	Auke Sijperda	AZC	1:01.88	199905115	<b>1:02.61</b>	29.34	1:02.61
5.	Jan-Pieter de Raad	De Biesboschzwemmers	1:09.33	200103953	<b>1:05.81</b>	31.44	1:05.81

**Masters 25+, Heren**

1.	Sybren Groenewegen	De Schotejil	56.72	199306223	<b>58.71</b>	28.25	58.71
2.	Ian van Mullem	ZOB'66	58.42	199602545	<b>59.12</b>	27.62	59.12
3.	Sven Dubbeld	De Schotejil	1:04.68	199601141	<b>1:04.27</b>	31.03	1:04.27
4.	Dylan Goethart	ZZ&PC De Devel	1:12.86	199605217	<b>1:13.45</b>		1:13.45
AFGEM	Patrick Brouwer	AZC	1:03.40	199303715		248	

**Masters 30+, Heren**

1.	Niels Albrechts	De Schotejil	59.65	198800039	<b>1:01.83</b>	29.70	1:01.83
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**Masters 40+, Heren**

1.	Matteo Mattacchione	ZV Haerlem	59.00	197801847	<b>58.08</b>	27.64	58.08
2.	Bart Sieczynski	Masters Krasnik	1:05.00	19790405	<b>1:05.26</b>	32.32	1:05.26

**Masters 45+, Heren**

1.	Alfonso Verkerk	SCOM/de Zeehond'73 (SG1:	17.03	197601665	<b>1:13.03</b>	34.39	1:13.03
2.	Robin Koele	De Watervogels	NT	197601657	<b>1:17.76</b>	36.29	1:17.76
3.	Rogier van der Bend	De Watervogels	NT	197401571	<b>1:19.27</b>	37.41	1:19.27

**Masters 50+, Heren**

1.	Edo Boonstra	PSV	1:06.00	196801713	<b>1:02.74</b>	30.55	1:02.74
2.	Philip van der Gaag	Westland Swimming Stars	1:10.88	196801627	<b>1:13.06</b>	34.33	1:13.06
3.	Harrie Busser	De Watervogels	1:32.34	196901857	<b>1:24.94</b>	40.18	1:24.94
DIS	Marcel Vroegindewei	Poseidon'56	1:10.00	196801709			

**Masters 55+, Heren**

1.	Paul Wijnja	De Biesboschzwemmers	1:05.69	196301403	<b>1:07.75</b>	32.15	1:07.75
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Programmanr. 2, 100m vrije slag

Masters 60+, Heren

1.	Henk Kuipers	ZPC AMERSFOORT	1:06.96	196201207	<b>1:06.21</b>	31.94	1:06.21
2.	Adriaan Kop	Old Dutch	1:10.45	196101135	<b>1:10.45</b>	33.31	1:10.45
3.	Menno Lomans	d'ELFT	1:08.00	196101071	<b>1:11.48</b>	33.83	1:11.48
4.	André Pantekoek	PSV	1:27.00	195800321	<b>1:24.11</b>	39.72	1:24.11

Masters 80+, Heren

1.	Geza Kaltenecker	AZC	1:24.78	194200065	<b>1:27.65</b>	40.27	1:27.65
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Masters 20+, Dames

1.	Tamara de Ruiter	De Schotejil	1:07.86	200203060	<b>1:08.45</b>		1:08.45
2.	Berinda van Dijk	Blue Marlins (SG)	1:11.53	200104186	<b>1:15.13</b>		1:15.13
AFGEM	Jessica Braat	AZC	1:06.93	200205684			

Masters 25+, Dames

1.	Lotte Coenen	DES	1:01.06	199301518	<b>1:02.21</b>	29.72	1:02.21
2.	Kelly de Jonge	Poseidon'56	1:04.21	199701210	<b>1:05.99</b>	31.51	1:05.99
3.	Mariska Gach	ZVL-1886 Center	1:15.50	199501760	<b>1:14.18</b>	36.15	1:14.18
4.	Margien Timmer	ZVL-1886 Center	1:15.30	199506760	<b>1:15.32</b>	36.58	1:15.32
5.	Eline Molle	De Geul	1:20.59	199404276	<b>1:15.33</b>	36.25	1:15.33
6.	Cynthia van Veen	ZVL-1886 Center	1:11.97	199606736	<b>1:17.31</b>	36.45	1:17.31
7.	Dorien Pastoors	Blue Marlins (SG)	1:20.19	199404598	<b>1:19.01</b>	37.93	1:19.01
8.	Nadine Scheeve	De Biesboschzwemmers	1:12.45	199700684	<b>1:20.25</b>	36.34	1:20.25
AFGEM	Annoeska Banen	Westland Swimming Stars	1:13.86	199704570			

Masters 35+, Dames

1.	Marije Jansen	ZPC AMERSFOORT	1:03.44	198504088	<b>1:04.73</b>	30.76	1:04.73
2.	Linda Hoogendam	WVZ	1:12.36	198300892	<b>1:18.19</b>	37.46	1:18.19

Masters 40+, Dames

1.	Anke Lambooj	De Vliet (SG)	1:01.57	198001182	<b>1:03.45</b>	30.00	1:03.45
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Masters 45+, Dames

1.	Ilonka van der Meer	GZC Donk	1:17.48	197601168	<b>1:17.99</b>	37.69	1:17.99
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Masters 50+, Dames

1.	M.L. (Marjolaine) Klunne	Hieronymus	1:12.40	197101098	<b>1:12.59</b>	34.02	1:12.59
2.	Annette Spies	Link	1:43.89	197001110	<b>1:28.84</b>	42.16	1:28.84

Masters 55+, Dames

1.	Lesley Cordial	ZPC AMERSFOORT	1:05.05	196700684	<b>1:05.46</b>	31.42	1:05.46
	<i>Nederlands Masters Record</i>						
2.	Anita Steijger	WVZ	1:20.20	196500628	<b>1:18.57</b>	37.36	1:18.57
3.	Cancia Leirissa	Feijenoord Albion	1:26.20	196700748	<b>1:22.52</b>	38.70	1:22.52
4.	K. van Nassau-van den H	Old Dutch	1:24.05	196600188	<b>1:27.69</b>	42.03	1:27.69
5.	Erica Muller	De Geul	1:30.00	196400412	<b>1:31.13</b>	42.57	1:31.13

Masters 60+, Dames

1.	Lia Bijkerk	GZC Donk	1:36.05	196000014	<b>1:30.13</b>	43.10	1:30.13
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Masters 70+, Dames

1.	Gonnie Bak	PSV	1:50.00	195100064	<b>1:41.69</b>	48.01	1:41.69
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KNZB Regio-West Masterswedstrijd ROM 4  
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Programmanr. 3 50m rugslag 20 - 89 jaar  
9-4-2022 - 14:00 Resultaten

rang	naam	vereniging	intijd		tijd	RT	
<b>Masters 20+, Heren</b>							
1.	Jan-Pieter de Raad	De Biesboschzweimmers	43.72	200103953	<b>39.94</b>		
2.	Ryan van der Sluijs	De Duck	49.21	200105571	<b>43.20</b>		
<b>Masters 30+, Heren</b>							
1.	Ruben Stolk	ZOB'66	32.24	199005665	<b>32.16</b>		
2.	Alexander Ros	DES	35.00	199207233	<b>33.50</b>		
<b>Masters 45+, Heren</b>							
1.	Erik Schoenmakers	GZC Donk	32.88	197601667	<b>32.94</b>		
<b>Masters 50+, Heren</b>							
1.	Marcel Vroegindewei	Poseidon'56	40.00	196801709	<b>36.38</b>		
2.	Dennis van Markesteyn	TZC Vahalis	38.01	197201333	<b>40.28</b>		
3.	Jeff van Loon	De Geul	46.95	197001687	<b>47.07</b>	S7	349
<b>Masters 55+, Heren</b>							
1.	Jano Hogebrug	De Watervogels	54.85	196401477	<b>54.51</b>		
<b>Masters 60+, Heren</b>							
1.	Adriaan Kop	Old Dutch	37.54	196101135	<b>38.89</b>		
<b>Masters 20+, Dames</b>							
1.	Sarah Vandeursen	TRB-RES	33.72	200100444	<b>32.94</b>		
<b>Masters 25+, Dames</b>							
AFGEM	Annoeska Banen	Westland Swimming Stars	53.00	199704570			
<b>Masters 40+, Dames</b>							
1.	Tonia Ruybroek	Poseidon'56	34.76	198101290	<b>34.83</b>		
2.	Jessica Venema	GZC Donk	37.68	197901526	<b>38.10</b>		
3.	Vera Sevós	Z&PC Rotterdam	53.92	198102340	<b>53.06</b>		
<b>Masters 50+, Dames</b>							
1.	Ilse Harms	De Geul	36.90	196900858	<b>36.94</b>		
AFGEM	Nathasja Konijn	GZC Donk	42.80	197100992			
<b>Masters 55+, Dames</b>							
1.	Feikje Wittermans	GZC Donk	36.65	196400408	<b>37.64</b>		

Programmanr. 4 100m schoolslag 20 - 89 jaar  
9-4-2022 - 14:05 Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m
<b>Masters 20+, Heren</b>								
1.	Bart Spaans	ACZ	1:14.04	199902559	<b>1:14.66</b>		33.95	1:14.66
2.	Luuk van Holstein	Westland Swimming Stars	1:14.02	200203841	<b>1:15.54</b>		35.48	1:15.54
3.	Boaz Troost	ZOB'66	1:16.67	200100371	<b>1:16.95</b>		35.29	1:16.95

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Programmanr. 4, 100m schoolslag

Masters 25+, Heren

1. John Smit	Poseidon'56	1:10.50	199500613	<b>1:11.07</b>	33.22	1:11.07
2. Sam Beer	Poseidon'56	1:16.13	199605521	<b>1:18.43</b>	35.52	1:18.43
3. Jordy van der Drift	ZVL-1886 Center	1:22.02	199307345	<b>1:20.92</b>	37.86	1:20.92

Masters 35+, Heren

1. Viktor Reijns	De Watervogels	1:16.71	198401865	<b>1:16.83</b>	35.48	1:16.83
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Masters 50+, Heren

1. Harold Matla	PSV	1:14.00	196800591	<b>1:14.82</b>	35.24	1:14.82
2. Nico Swart	De Biesboschwemmers	1:19.76	196801475	<b>1:23.09</b>	38.95	1:23.09
3. Alberto Randazzo	DES	1:29.19	197101757	<b>1:28.00</b>	41.58	1:28.00

Masters 60+, Heren

1. André Pantekoek	PSV	1:48.00	195800321	<b>1:49.00</b>	51.07	1:49.00
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Masters 20+, Dames

1. Sanne van de Pol	De Biesboschwemmers	1:24.73	199800722	<b>1:25.09</b>	39.58	1:25.09
2. Mandy Swart	De Biesboschwemmers	1:26.77	199904916	<b>1:25.89</b>	40.04	1:25.89
3. Lydia de Bruin	ZVVS	1:28.64	200105154	<b>1:28.43</b>	41.68	1:28.43

Masters 25+, Dames

1. Nadine Scheeve	De Biesboschwemmers	1:42.84	199700684	<b>1:47.67</b>	50.61	1:47.67
AFGEM Kelly Wigleven	Poseidon'56	1:22.55	199500058			

Masters 30+, Dames

1. Rolijn van Vught	PSV	1:34.09	199004110	<b>1:34.16</b>	43.61	1:34.16
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Masters 35+, Dames

1. Aafke Groot	De Geul	1:34.11	198302748	<b>1:33.26</b>	44.07	1:33.26
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Masters 45+, Dames

1. Liselotte Joling	PSV	1:24.87	197500268	<b>1:24.21</b>	39.82	1:24.21
2. Katharina Schlipp	De Vliet (SG)	1:26.11	197301004	<b>1:28.48</b>	42.49	1:28.48
3. Ilonka van der Meer	GZC Donk	1:41.87	197601168	<b>1:37.26</b>	45.73	1:37.26

Masters 50+, Dames

1. H. Brugmans	Hieronymus	NT	197001112	<b>1:41.76</b>	48.13	1:41.76
2. Danielle Schipper	ZOB'66	1:40.00	197001078	<b>1:44.15</b>	49.83	1:44.15
3. Annette Spies	Link	1:56.43	197001110	<b>1:53.76</b>	53.04	1:53.76

Masters 55+, Dames

1. Annette Wijnja-Visser	De Biesboschwemmers	1:23.13	196700528	<b>1:25.19</b>	40.26	1:25.19
<i>Nederlands Masters Record</i>						

Masters 70+, Dames

1. Gonnie Bak	PSV	2:15.00	195100064	<b>2:02.30</b>	58.51	2:02.30
2. Geerdien Meerwaldt	De Geul	2:10.28	195200058	<b>2:16.46</b>	1:04.41	2:16.46

KNZB Regio-West Masterswedstrijd ROM 4  
Zwijndrecht, 9-4-2022

Programmanr. 5 50m vlinderslag 20 - 89 jaar  
9-4-2022 - 14:15 Resultaten

rang	naam	vereniging	intijd		tijd	RT
<b>Masters 20+, Heren</b>						
1.	Julian Mes	ZOB'66	27.99	200103755	<b>27.62</b>	
2.	Thomas Hesper	NieMo Barracuda	29.57	200004181	<b>29.86</b>	
3.	Auke Sijperda	AZC	30.81	199905115	<b>31.78</b>	
4.	Ryan van der Sluijs	De Duck	38.98	200105571	<b>39.18</b>	
<b>Masters 25+, Heren</b>						
1.	Sybren Groenewegen	De Schotejil	31.14	199306223	<b>31.76</b>	
2.	Dylan Goethart	ZZ&PC De Devel	42.02	199605217	<b>43.26</b>	S14
<b>Masters 30+, Heren</b>						
1.	Ruben Stolk	ZOB'66	30.49	199005665	<b>32.12</b>	
2.	Ramón Romijn	Poseidon'56	35.26	199203095	<b>32.56</b>	
3.	Laurens de Nijn	SwimGym	37.61	199107815	<b>34.13</b>	
<b>Masters 35+, Heren</b>						
1.	Ricardo van Dam	AZC	32.62	198503965	<b>32.67</b>	
<b>Masters 40+, Heren</b>						
1.	Matteo Mattacchione	ZV Haerlem	28.50	197801847	<b>28.68</b>	
2.	Bart Sieczynski	Masters Krasnik	36.52	19790405	<b>33.08</b>	
<b>Masters 45+, Heren</b>						
1.	Erik Schoenmakers	GZC Donk	29.60	197601667	<b>30.55</b>	
2.	Alfonso Verkerk	SCOM/de Zeehond'73 (SG)	NT	197601665	<b>37.54</b>	
3.	Robin Koele	De Watervogels	46.62	197601657	<b>41.62</b>	
<b>Masters 50+, Heren</b>						
1.	Edo Boonstra	PSV	33.00	196801713	<b>32.12</b>	
2.	Philip van der Gaag	Westland Swimming Stars	35.28	196801627	<b>35.83</b>	
3.	Marcel Vroegindewei	Poseidon'56	40.00	196801709	<b>36.81</b>	
<b>Masters 55+, Heren</b>						
1.	Jano Hogebrug	De Watervogels	45.29	196401477	<b>47.24</b>	
<b>Masters 60+, Heren</b>						
1.	Henk Kuipers	ZPC AMERSFOORT	33.68	196201207	<b>33.88</b>	
<b>Masters 20+, Dames</b>						
1.	Rianne Bresser	Poseidon'56	34.12	199900690	<b>32.56</b>	
2.	Tamara de Ruiters	De Schotejil	37.02	200203060	<b>36.61</b>	
AFGEM	Jessica Braat	AZC	32.45	200205684		
<b>Masters 25+, Dames</b>						
1.	Cynthia van Veen	ZVL-1886 Center	33.95	199606736	<b>40.34</b>	
2.	Margien Timmer	ZVL-1886 Center	41.70	199506760	<b>40.73</b>	
<b>Masters 40+, Dames</b>						
1.	Anke Lambooj	De Vliet (SG)	32.90	198001182	<b>33.25</b>	
2.	Chantal Verhoeff	Old Dutch	34.19	197900912	<b>34.17</b>	
3.	Marleen Zantingh	Old Dutch	37.00	197801378	<b>36.32</b>	
4.	Vera Sevost	Z&PC Rotterdam	59.17	198102340	<b>56.89</b>	

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Programmanr. 5, 50m vlinderslag

Masters 50+, Dames

1. M.L. (Marjoline) Klunne Hieronymus 35.06 197101098 **36.00**

Masters 55+, Dames

NG.ZA Lesley Cordial ZPC AMERSFOORT 32.02 196700684

Masters 80+, Dames

1. Marie Smits Old Dutch 1:06.17 193800004 **1:06.50**

Programmanr. 6  
9-4-2022 - 14:25

400m wisselslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
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Masters 20+, Heren

1.	Jordy van Oel	WVZ	5:28.10	199802003	<b>5:11.53</b>
	50m: 30.61 100m: 1:06.54	30.61 150m: 35.93 200m:		250m: 300m:	350m: 400m: 5:11.53
2.	Nick Boekestijn	Westland Swimming Stars	5:35.59	199900291	<b>5:18.88</b>
	50m: 31.73 100m: 1:08.93	31.73 150m: 37.20 200m:		250m: 300m:	350m: 400m: 5:18.88
3.	Bart Spaans	ACZ	5:23.61	199902559	<b>5:33.66</b>
	50m: 34.38 100m: 1:15.63	34.38 150m: 41.25 200m:		250m: 300m:	350m: 400m: 5:33.66
4.	Jasper van den Broek	De Watervogels	5:46.05	199903313	<b>5:48.94</b>
	50m: 32.48 100m: 1:12.47	32.48 150m: 39.99 200m:		250m: 300m:	350m: 400m: 5:48.94

Masters 50+, Heren

1.	Martijn de Jong	DWK	NT	197101659	<b>6:31.80</b>
	50m: 37.16 100m: 1:23.11	37.16 150m: 45.95 200m:		250m: 300m:	350m: 400m: 6:31.80

Masters 20+, Dames

1.	Berinda van Dijk	Blue Marlins (SG)	6:52.21	200104186	<b>6:57.95</b>
	50m: 46.42 100m: 1:42.90	46.42 150m: 56.48 200m:		250m: 300m:	350m: 400m: 6:57.95

Masters 25+, Dames

1.	Mariska Gach	ZVL-1886 Center	6:21.34	199501760	<b>6:23.63</b>
	50m: 43.90 100m: 1:35.47	43.90 150m: 51.57 200m:		250m: 300m:	350m: 400m: 6:23.63

Masters 30+, Dames

1.	Samantha van Eijk	De Geul	5:54.65	198806826	<b>6:12.30</b>
	50m: 41.80 100m: 1:28.77	41.80 150m: 46.97 200m:		250m: 300m:	350m: 400m: 6:12.30

Masters 55+, Dames

1.	Anita Steijger	WVZ	7:04.70	196500628	<b>6:50.38</b>
	50m: 44.95 100m: 1:38.31	44.95 150m: 53.36 200m:		250m: 300m:	350m: 400m: 6:50.38
2.	K. van Nassau-van den Heuvel	Old Dutch	7:04.70	196600188	<b>6:59.82</b>
	50m: 46.82 100m: 1:42.70	46.82 150m: 55.88 200m:		250m: 300m:	350m: 400m: 6:59.82

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Programmanr. 6, 400m wisselslag

Masters 60+, Dames

1.	P. Tossings-van de Hooven	GZC Donk	6:47.11	196100376	<b>6:35.49</b>
	50m:	42.13	42.13	150m:	250m:
	100m:	1:32.22	50.09	200m:	350m:
					400m: 6:35.49

Programmanr. 7  
9-4-2022 - 14:40

100m rugslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m
<b>Masters 25+, Heren</b>								
1.	Ian van Mullem	ZOB'66	1:06.82	199602545	<b>1:09.68</b>		33.51	1:09.68
2.	Sven Dubbeld	De Schotejil	1:20.30	199601141	<b>1:21.39</b>		40.02	1:21.39
AFGEM	Patrick Brouwer	AZC	1:10.78	199303715				
<b>Masters 35+, Heren</b>								
1.	Viktor Reijns	De Watervogels	1:14.08	198401865	<b>1:14.76</b>		35.30	1:14.76
<b>Masters 45+, Heren</b>								
1.	Rogier van der Bend	De Watervogels	NT	197401571	<b>1:40.12</b>		48.98	1:40.12
<b>Masters 50+, Heren</b>								
1.	Marcel Vroegindewei	Poseidon'56	1:25.00	196801709	<b>1:15.92</b>		36.73	1:15.92
2.	Harold Matla	PSV	1:18.34	196800591	<b>1:18.05</b>		38.42	1:18.05
<b>Masters 60+, Heren</b>								
1.	Menno Lomans	d'ELFT	1:22.00	196101071	<b>1:25.09</b>		41.67	1:25.09
2.	André Pantekoek	PSV	1:39.00	195800321	<b>1:37.47</b>		46.96	1:37.47
<b>Masters 20+, Dames</b>								
1.	Tamara de Ruiter	De Schotejil	1:18.57	200203060	<b>1:17.10</b>		38.03	1:17.10
<b>Masters 25+, Dames</b>								
1.	Lotte Coenen	DES	1:12.34	199301518	<b>1:13.25</b>		35.50	1:13.25
2.	Cynthia van Veen	ZVL-1886 Center	1:25.63	199606736	<b>1:28.35</b>		46.96	1:28.35
<b>Masters 35+, Dames</b>								
1.	Marije Jansen	ZPC AMERSFOORT	1:11.15	198504088	<b>1:15.44</b>		36.74	1:15.44
<b>Masters 40+, Dames</b>								
1.	Tonia Ruybroek	Poseidon'56	1:13.61	198101290	<b>1:16.02</b>		37.43	1:16.02
2.	Jessica Venema	GZC Donk	1:25.54	197901526	<b>1:22.89</b>		39.69	1:22.89
<b>Masters 50+, Dames</b>								
1.	Danielle Schipper	ZOB'66	1:40.00	197001078	<b>1:40.40</b>		48.54	1:40.40
AFGEM	Nathasja Konijn	GZC Donk	1:32.88	197100992				
<b>Masters 55+, Dames</b>								
1.	Lesley Cordial	ZPC AMERSFOORT	1:16.84	196700684	<b>1:16.63</b>		37.65	1:16.63
	<i>Nederlands Masters Record</i>							
2.	Annette Wijnja-Visser	De Biesboschwemmers	1:20.03	196700528	<b>1:22.64</b>		39.78	1:22.64
3.	Feikje Wittermans	GZC Donk	1:19.96	196400408	<b>1:23.21</b>		40.13	1:23.21

KNZB Regio-West Masterswedstrijd ROM 4  
Zwijndrecht, 9-4-2022

Programmanr. 7, 100m rugslag

Masters 60+, Dames

1.	Lia Bijkerk	GZC Donk	1:49.67	196000014	<b>1:48.34</b>	54.08	1:48.34
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Masters 70+, Dames

1.	Geerdien Meerwaldt	De Geul	2:13.43	195200058	<b>2:14.44</b>	1:05.93	2:14.44
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Programmanr. 8  
9-4-2022 - 14:50

50m vrije slag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd	intijd	tijd	RT
<b>Masters 20+, Heren</b>						
1.	Luuk van Holstein	Westland Swimming Stars	26.69	200203841	<b>25.61</b>	
2.	Julian Mes	ZOB'66	25.82	200103755	<b>25.96</b>	
3.	Nick Boekestijn	Westland Swimming Stars	26.73	199900291	<b>27.08</b>	
4.	Jordy van Oel	WVZ	26.13	199802003	<b>27.77</b>	
5.	Auke Sijperda	AZC	26.66	199905115	<b>28.19</b>	
6.	Jan-Pieter de Raad	De Biesboschzwemmers	34.09	200103953	<b>28.83</b>	
7.	Ryan van der Sluijs	De Duck	34.52	200105571	<b>30.30</b>	
<b>Masters 25+, Heren</b>						
1.	John Smit	Poseidon'56	23.71	199500613	<b>25.04</b>	
2.	Sam Beer	Poseidon'56	26.13	199605521	<b>26.41</b>	
3.	Sybren Groenewegen	De Schotejil	25.69	199306223	<b>26.61</b>	
4.	Dylan Goethart	ZZ&PC De Devel	32.42	199605217	<b>32.45</b>	S14
<b>Masters 30+, Heren</b>						
1.	Alexander Ros	DES	29.00	199207233	<b>27.17</b>	
2.	Ruben Stolk	ZOB'66	27.62	199005665	<b>27.30</b>	
3.	Ramón Romijn	Poseidon'56	29.48	199203095	<b>28.15</b>	
4.	Laurens de Nijn	SwimGym	29.70	199107815	<b>29.74</b>	
<b>Masters 40+, Heren</b>						
1.	Matteo Mattacchione	ZV Haerlem	26.50	197801847	<b>26.05</b>	
2.	Bart Sieczynski	Masters Krasnik	30.18	19790405	<b>29.34</b>	
<b>Masters 45+, Heren</b>						
1.	Robin Koele	De Watervogels	33.84	197601657	<b>33.92</b>	
2.	Rogier van der Bend	De Watervogels	NT	197401571	<b>36.48</b>	
<b>Masters 50+, Heren</b>						
1.	Marcel Vroegindewei	Poseidon'56	33.00	196801709	<b>30.78</b>	
2.	Wouter van der Stelt	De Biesboschzwemmers	30.96	197200889	<b>31.19</b>	
3.	Philip van der Gaag	Westland Swimming Stars	30.27	196801627	<b>31.44</b>	
4.	Alberto Randazzo	DES	32.26	197101757	<b>33.33</b>	
5.	Dennis van Markesteijn	TZC Vahalis	32.14	197201333	<b>33.54</b>	
6.	Hans Smit	Poseidon'56	38.31	196801577	<b>36.55</b>	
7.	Harrie Busser	De Watervogels	40.43	196901857	<b>38.72</b>	
8.	Jeff van Loon	De Geul	38.48	197001687	<b>39.91</b>	183
<b>Masters 55+, Heren</b>						
1.	Jano Hogebrug	De Watervogels	39.59	196401477	<b>41.57</b>	
2.	Andre Exter	Poseidon'56	44.23	196601585	<b>42.84</b>	



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Programmanr. 8, 50m vrije slag

Masters 60+, Heren

1. Henk Kuipers	ZPC AMERSFOORT	29.79	196201207	<b>30.09</b>
2. Adriaan Kop	Old Dutch	31.31	196101135	<b>32.12</b>
3. Bob Lookermans	Poseidon'56	37.84	196201295	<b>38.30</b>

Masters 20+, Dames

1. Sarah Vandeursen	TRB-RES	30.27	200100444	<b>30.01</b>
2. Lydia de Bruin	ZVVS	33.12	200105154	<b>31.85</b>
AFGEM Jessica Braat	AZC	29.60	200205684	

Masters 25+, Dames

1. Kelly de Jonge	Poseidon'56	29.32	199701210	<b>30.16</b>
2. Margien Timmer	ZVL-1886 Center	33.17	199506760	<b>32.75</b>
3. Dorien Pastoors	Blue Marlins (SG)	35.68	199404598	<b>35.77</b>

Masters 40+, Dames

1. Anke Lambooy	De Vliet (SG)	27.95	198001182	<b>28.75</b>
2. Marleen Zantingh	Old Dutch	32.28	197801378	<b>32.81</b>
3. Vera Sevovs	Z&PC Rotterdam	43.70	198102340	<b>40.06</b>

Masters 45+, Dames

1. Katharina Schlipp	De Vliet (SG)	31.76	197301004	<b>33.76</b>
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Masters 50+, Dames

1. Ilse Harms	De Geul	29.38	196900858	<b>30.23</b>
2. Kristien Van de Moortel	Shark	38.47	ShaRK/20315/69	<b>36.83</b>
3. H.C.W. ( Hilly ) Brugmans	Hieronymus	NT	197001112	<b>39.14</b>
4. Annette Spies	Link	39.67	197001110	<b>40.47</b>

Masters 55+, Dames

1. Erica Muller	De Geul	39.00	196400412	<b>41.32</b>
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Masters 70+, Dames

1. Gonnie Bak	PSV	55.00	195100064	<b>45.09</b>
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Masters 80+, Dames

1. Marie Smits	Old Dutch	48.93	193800004	<b>48.61</b>
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Programmanr. 9  
9-4-2022 - 15:00

100m vlinderslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
<b>Masters 25+, Heren</b>							
1.	Jordy van der Drift	ZVL-1886 Center	1:13.63	199307345	<b>1:10.84</b>	32.70	1:10.84
<b>Masters 55+, Heren</b>							
1.	Paul Wijnja	De Biesboschzwemmers	1:16.76	196301403	<b>1:19.45</b>	36.52	1:19.45
<b>Masters 25+, Dames</b>							
1.	Eline Molle	De Geul	1:34.55	199404276	<b>1:30.82</b>	41.37	1:30.82

KNZB Regio-West Masterswedstrijd ROM 4  
Zwijndrecht, 9-4-2022

Programmanr. 9, 100m vlinderslag

Masters 30+, Dames

1.	Rolijn van Vught	PSV	1:33.91	199004110	<b>1:36.79</b>	43.22	1:36.79
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Masters 50+, Dames

1.	M.L. (Marjoline) Klunne	Hieronymus	1:29.73	197101098	<b>1:26.66</b>	39.23	1:26.66
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Masters 60+, Dames

1.	P. Tossings-van de Hoov	GZC Donk	1:32.00	196100376	<b>1:29.80</b>	42.05	1:29.80
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Programmanr. 10  
9-4-2022 - 15:00

50m schoolslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
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Masters 20+, Heren

1.	Thomas Hesper	NieMo Barracuda	31.06	200004181	<b>32.51</b>	
2.	Bart Spaans	ACZ	32.83	199902559	<b>33.71</b>	
3.	Jasper van den Broek	De Watervogels	37.20	199903313	<b>37.16</b>	
4.	Ryan van der Sluijs	De Duck	50.00	200105571	<b>41.89</b>	

Masters 25+, Heren

1.	Sam Beer	Poseidon'56	33.24	199605521	<b>33.44</b>	
2.	Dylan Goethart	ZZ&PC De Devel	43.47	199605217	<b>46.44</b>	SB14
AFGEM	Patrick Brouwer	AZC	38.84	199303715		

Masters 30+, Heren

1.	Ramón Romijn	Poseidon'56	40.76	199203095	<b>36.33</b>	
DIS	Laurens de Nijn	SwimGym	38.15	199107815		
DIS	Alexander Ros	DES	37.00	199207233		

Masters 35+, Heren

1.	Ricardo van Dam	AZC	34.50	198503965	<b>34.49</b>	
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Masters 45+, Heren

1.	Erik Schoenmakers	GZC Donk	36.20	197601667	<b>36.61</b>	
2.	Alfonso Verkerk	SCOM/de Zeehond'73 (SG)	NT	197601665	<b>40.90</b>	
3.	Rogier van der Bend	De Watervogels	NT	197401571	<b>53.18</b>	

Masters 50+, Heren

1.	Harold Matla	PSV	33.00	196800591	<b>33.65</b>	
2.	Nico Swart	De Biesboschzweimmers	35.48	196801475	<b>37.41</b>	
3.	Alberto Randazzo	DES	39.63	197101757	<b>40.22</b>	
4.	Philip van der Gaag	Westland Swimming Stars	42.53	196801627	<b>42.98</b>	
5.	Hans Smit	Poseidon'56	46.00	196801577	<b>46.42</b>	
6.	Harrie Busser	De Watervogels	NT	196901857	<b>49.93</b>	

Masters 55+, Heren

1.	Andre Exter	Poseidon'56	50.33	196601585	<b>49.80</b>	
2.	Jano Hogebrug	De Watervogels	44.76	196401477	<b>49.86</b>	

Masters 60+, Heren

1.	Bob Lookermans	Poseidon'56	47.00	196201295	<b>51.64</b>	
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KNZB Regio-West Masterswedstrijd ROM 4  
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Programmanr. 10, 50m schoolslag

**Masters 20+, Dames**

1.	Sanne van de Pol	De Biesboschzweimmers	36.06	199800722	<b>37.58</b>
2.	Mandy Swart	De Biesboschzweimmers	37.26	199904916	<b>38.41</b>
3.	Sarah Vandeursen	TRB-RES	40.75	200100444	<b>40.96</b>
4.	Rianne Bresser	Poseidon'56	42.36	199900690	<b>41.44</b>

**Masters 25+, Dames**

1.	Dorien Pastoors	Blue Marlins (SG)	40.00	199404598	<b>46.76</b>
AFGEM	Kelly Wigleven	Poseidon'56	38.28	199500058	
AFGEM	Annoeska Banen	Westland Swimming Stars	42.02	199704570	

**Masters 35+, Dames**

1.	Aafke Groot	De Geul	46.36	198302748	<b>41.92</b>
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**Masters 40+, Dames**

1.	Tonia Ruybroek	Poseidon'56	41.53	198101290	<b>41.19</b>
2.	Marleen Zantingh	Old Dutch	42.45	197801378	<b>43.11</b>
3.	Jessica Venema	GZC Donk	44.57	197901526	<b>43.41</b>
4.	Vera Sevos	Z&PC Rotterdam	1:07.89	198102340	<b>1:04.72</b>

**Masters 45+, Dames**

1.	Katharina Schlipp	De Vliet (SG)	38.94	197301004	<b>40.54</b>
2.	Ilonka van der Meer	GZC Donk	43.90	197601168	<b>43.69</b>

**Masters 50+, Dames**

1.	Ilse Harms	De Geul	38.72	196900858	<b>40.91</b>
2.	H.C.W. ( Hilly ) Brugmans	Hieronymus	NT	197001112	<b>46.39</b>

**Masters 55+, Dames**

1.	Annette Wijnja-Visser <i>Nederlands Masters Record</i>	De Biesboschzweimmers	39.12	196700528	<b>39.70</b>
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**Masters 60+, Dames**

1.	Lia Bijkerk	GZC Donk	51.06	196000014	<b>50.51</b>
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Programmanr. 11  
9-4-2022 - 15:10

1500m vrije slag  
INDELING pr 11 WAS MET 2 ZWEMMERS PER BAAN.

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
<b>Masters 20+, Heren</b>					
1.	Tenzin Tieman	Old Dutch	18:28.65	200005549	<b>18:46.69</b>
	100m: 1:07.80	1:07.80	500m:	900m:	1300m:
	200m: 2:22.45	1:14.65	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m:	18:46.69
	400m: 4:54.77	800m: 9:58.29	1200m:		
2.	Bart Spaans	ACZ	NT	199902559	<b>20:07.23</b>
	100m: 1:13.82	1:13.82	500m:	900m:	1300m:
	200m: 2:33.36	1:19.54	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m:	20:07.23
	400m: 5:15.14	800m: 10:44.25	1200m:		
3.	Boaz Troost	ZOB'66	24:30.00	200100371	<b>22:02.99</b>
	100m: 1:17.10	1:17.10	500m:	900m:	1300m:
	200m: 2:43.66	1:26.56	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m:	22:02.99
	400m: 5:43.25	800m: 11:44.25	1200m:		

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Programmanr. 11, 1500m vrije slag

Masters 25+, Heren

1. Sybren Groenewegen	De Schotejil	19:01.31	199306223	<b>19:09.80</b>
100m: 1:13.74	1:13.74	500m:	900m:	1300m:
200m: 2:30.02	1:16.28	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 19:09.80
400m: 5:04.04		800m: 10:13.64	1200m:	

Masters 30+, Heren

1. Niels Albrechts	De Schotejil	18:19.37	198800039	<b>18:24.69</b>
100m: 1:11.06	1:11.06	500m:	900m:	1300m:
200m: 2:25.61	1:14.55	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 18:24.69
400m: 4:54.48		800m: 9:48.45	1200m:	

Masters 40+, Heren

1. Oscar Monge	IJZ&PC	NT	198102599	<b>21:56.12</b>
100m: 1:15.42	1:15.42	500m:	900m:	1300m:
200m: 2:38.59	1:23.17	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 21:56.12
400m: 5:32.06		800m: 11:29.31	1200m:	

Masters 50+, Heren

1. Wouter van der Stelt	De Biesboschwimmers	21:52.59	197200889	<b>22:27.01</b>
100m: 1:20.43	1:20.43	500m:	900m:	1300m:
200m: 2:47.87	1:27.44	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 22:27.01
400m: 5:45.10		800m: 11:44.38	1200m:	
2. Friso Rengers	Feijenoord Albion	34:34.14	196901861	<b>33:09.78</b>
100m: 1:49.98	1:49.98	500m:	900m:	1300m:
200m: 3:56.09	2:06.11	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 33:09.78
400m: 8:14.22		800m: 17:06.06	1200m:	

Masters 55+, Heren

1. Pascal Tourton	ZOB'66	22:00.00	196601343	<b>22:14.03</b>
100m: 1:21.06	1:21.06	500m:	900m:	1300m:
200m: 2:49.64	1:28.58	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 22:14.03
400m: 5:49.31		800m: 11:48.93	1200m:	

Masters 60+, Heren

DIS André Pantekoek PSV 28:30.00 195800321

Masters 80+, Heren

1. Geza Kaltenecker	AZC	28:13.31	194200065	<b>29:28.90</b>
<i>Nederlands Masters Record</i>				
100m: 1:48.82	1:48.82	500m:	900m:	1300m:
200m: 3:47.79	1:58.97	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 29:28.90
400m: 7:47.73		800m: 15:43.13	1200m:	

Masters 25+, Dames

1. Daphne Scheurwater	ZZ&PC De Devel	20:45.00	199701372	<b>20:42.91</b>
100m: 1:17.96	1:17.96	500m:	900m:	1300m:
200m: 2:40.20	1:22.24	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 20:42.91
400m: 5:25.06		800m: 10:59.70	1200m:	
2. Anouk Kuijlaars	PSV	22:30.00	199401700	<b>21:15.08</b>
100m: 1:14.61	1:14.61	500m:	900m:	1300m:
200m: 2:35.82	1:21.21	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 21:15.08
400m: 5:22.68		800m: 11:05.24	1200m:	

KNZB Regio-West Masterswedstrijd ROM 4  
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Programmanr. 11, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	intijd	199603602	tijd	RT
3.	Nina Tourton	ZOB'66	22:00.00	199603602	<b>22:44.31</b>	
	100m: 1:20.26	1:20.26	500m:	900m:	1300m:	
	200m: 2:47.07	1:26.81	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 22:44.31	
	400m: 5:46.78		800m: 12:00.71	1200m:		
4.	Nadine Scheeve	De Biesboschzwemmers	22:54.43	199700684	<b>25:15.03</b>	
	100m: 1:31.27	1:31.27	500m:	900m:	1300m:	
	200m: 3:12.09	1:40.82	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 25:15.03	
	400m: 6:38.42		800m: 13:28.10	1200m:		

Masters 30+, Dames

1.	Nikki Roon	IJZ&PC	22:30.00	198803712	<b>21:55.09</b>	
	100m: 1:17.79	1:17.79	500m:	900m:	1300m:	
	200m: 2:41.20	1:23.41	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 21:55.09	
	400m: 5:31.86		800m: 11:28.46	1200m:		

Masters 35+, Dames

1.	Linda Hoogendam	WVZ	22:50.33	198300892	<b>23:38.00</b>	
	100m: 1:24.61	1:24.61	500m:	900m:	1300m:	
	200m: 2:58.14	1:33.53	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 23:38.00	
	400m: 6:06.09		800m: 12:29.61	1200m:		
2.	Lisette van den Bos	De Geul	23:55.81	198700468	<b>24:52.60</b>	
	100m: 1:28.63	1:28.63	500m:	900m:	1300m:	
	200m: 3:07.42	1:38.79	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 24:52.60	
	400m: 6:27.04		800m: 13:09.60	1200m:		

Masters 40+, Dames

1.	Chantal Verhoeff	Old Dutch	21:37.68	197900912	<b>21:56.13</b>	
	100m: 1:19.42	1:19.42	500m:	900m:	1300m:	
	200m: 2:45.89	1:26.47	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 21:56.13	
	400m: 5:38.51		800m: 11:30.16	1200m:		

Masters 45+, Dames

1.	Liselotte Joling	PSV	18:48.97	197500268	<b>19:19.72</b>	
	100m: 1:13.29	1:13.29	500m:	900m:	1300m:	
	200m: 2:30.10	1:16.81	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 19:19.72	
	400m: 5:05.16		800m: 10:17.82	1200m:		

Masters 50+, Dames

1.	Kristien Van de Moortel	Shark	26:00.00	ShaRK/20315/69	<b>25:29.29</b>	
	100m: 1:33.82	1:33.82	500m:	900m:	1300m:	
	200m: 3:15.60	1:41.78	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 25:29.29	
	400m: 6:41.04		800m: 13:31.20	1200m:		

DIS Karin Stein ZVVS 20:07.82 197100554

Masters 55+, Dames

1.	Cancia Leirissa	Feijenoord Albion	32:30.00	196700748	<b>24:32.48</b>	
	100m: 1:30.18	1:30.18	500m:	900m:	1300m:	
	200m: 3:08.77	1:38.59	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 24:32.48	
	400m: 6:30.64		800m: 13:05.25	1200m:		

Masters 70+, Dames

1.	Gonnie Bak	PSV	33:00.00	195100064	<b>30:52.16</b>	
	100m: 1:52.56	1:52.56	500m:	900m:	1300m:	
	200m: 3:54.94	2:02.38	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 30:52.16	
	400m: 8:03.34		800m: 16:22.76	1200m:		